

Chicken Primavera



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Serves: 2-3



Prep & Cook Time: 25 minutes

Ingredients

200 g (7.15 oz) Reuven Fully Cooked Grilled Chicken Breast Strips Gluten Free, thawed (Product Code 11803)
2 cups (500 ml) penne pasta, prepared according to package directions
1 tbsp (15 ml) butter
2 tbsp (30 ml) olive oil
2 garlic cloves, minced
1/4 medium white onion, diced
1/2 cup (125 ml) carrots, shredded
50 g (1.8 oz) zucchini, sliced
4 cherry tomatoes, halved
1/3 cup (90 ml) parmesan cheese, grated
salt & pepper, to taste
fresh parsley



Preparation Instructions

Assembly: In a large skillet, heat oil over medium heat. Add onions and garlic; cook until onions are translucent. Add zucchini, tomatoes, carrots and Grill Chicken Breast Stripes. Cook, stirring for 2 to 3 minutes. Stir in prepared penne pasta and butter. Add parmesan cheese; stir to incorporate until cheese has melted. Season with salt and pepper to taste. Garnish with fresh parsley.